



# TheraSuit Method<sup>®</sup> Intensive Program

INCREASING FUNCTIONAL OUTCOMES OF TRADITIONAL THERAPY

The TheraSuit Method® intensive program is designed to increase functional outcomes of traditional therapy services. Patients participate in an individualized strengthening program for 3 hours a day, 5 days a week, for 3 consecutive weeks. A variety of tools and techniques including the TheraSuit® and the Universal Exercise Unit allow the participants to achieve accelerated functional outcomes. Therasuit Method® can be beneficial for many populations including treatment for cerebral palsy and other neurological conditions.

#### **Bright Start Therapy TheraSuit Method® Intensive Program:**

- Uses the TheraSuit® and the Universal Exercise Unit, which includes the bungee and pulley weight systems.
- Is provided by experienced, occupational therapists.
- Runs 3 hours per day, 5 days a week, for 3-4 weeks.

#### **The TheraSuit Method®:**

- Improves proprioception
- Reduces pathological reflexes
- Restores proper patterns of movement & posture
- Provides external stabilization and supports weak muscles
- Corrects body alignment
- Improves hip alignment by vertical loading over the hip joint
- Stimulates the brain to re-train the Central Nervous System
- Provides tactile and sensory stimulation

- Improves speech production and fluency
- Loads the body with gravity type pressures
- Accelerates the progress of newly learned movements and functional skills

#### **The TheraSuit Method® is recommended for children with:**

- Cerebral Palsy
- Traumatic Brain Injury
- Hypertonia
- Hypotonia
- Ataxia
- Dystonia
- Spina Bifida
- Other Neurological Disorders
- Post Stroke (CVA)
- Developmental Delays
- Down Syndrome

**For more information  
including costs  
and funding options,  
head to our website  
[brightstarttherapy.com.au](http://brightstarttherapy.com.au)**



**ENQUIRE  
TODAY!**



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Our Car Park is located off  
Lorna Street and we have disability  
access via the Front entrance.

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