

TheraSuit Method

Therapist Training, Melbourne

March 2017



**Bright Start Therapy is very excited to announce...
Izabela Koscielny is coming to Australia!**

Therasuit Method was created by Izabela and Richard Koscielny. It is a holistic treatment approach for those afflicted with neurological disorders like Cerebral Palsy, Developmental Delays, and Traumatic Brain Injuries.

It is an intensive individualised therapy program that accelerates functional progress. It uses the Therasuit (a soft canvas suit with bungee-like cords attached) and the Universal Exercise Unit ("Spider Cage") to allow the child to learn new & correct patterns of movement through strengthening and functional skills practice. The Therasuit Program is ideal for those looking to meet functional goals at an accelerated rate as compared to traditional therapy.

TheraSuit Method is effective in providing:

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| •Deep proprioception (body awareness) | Independence with ADL's (self care, feeding etc) |
| •Facilitating correct movement patterns | Reducing retained pathological reflexes |
| •Stretching & strengthening exercises | Tone neutralization and sensory integration techniques |
| •Balance, coordination & endurance | Improvements in transfers, functional activities and gait training |

Become a certified TheraSuit provider & Gain knowledge about the TheraSuit and Universal Exercise Unit:

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|--------------------------------|-----------------------|-------------------|
| •History | Indications/ Benefits | Construction |
| •How it works | | |
| •Precautions/Contraindications | | Exercise Programs |

Bright Start Therapy will be hosting the 2017 TheraSuit Training!
We will be offering the TheraSuit Method to Occupational Therapists and Physiotherapists!
Basic Course 6th-10th March, Cost: \$2860 inc GST
Advanced Courses 11th & 12th March, Cost: \$1265 inc GST

For more information and registration details, Please contact us on 9785-7279
PLACES ARE LIMITED



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