

INTENSIVE THERAPY

What is intensive therapy?

- Goal directed therapy
- 1:1 Therapy
- One, two or three week programs
- Four or five days per week
- Two hours of Physiotherapy and 45 minutes of Occupational Therapy



Why intensive therapy?

Intensive therapy gives children the opportunity to refine their skills through novelty, variety, repetition and success! These four concepts allow pathways to develop between the brain and body to help up achieve efficient movement.

Who can do intensive therapy?

Does your child have goals in the areas of:

- Gross motor
- Sports based ie. bike riding
- Fine motor
- Emotional regulation
- School readiness
- Self care skills
- Handwriting
- Sensory Processing

Then intensive programs could be for you!



Intensive Therapy at Bright Start

- Combined intensive programs including physiotherapy and occupational therapy
- Individualised programs using TheraSuit, UEU, NDT, DMI and general exercise principals